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DMF Dakota Communities Access Program

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President's Corner
Encouraging GIVEBACK:

DMF's Helping Hand Matching Gift Program

I am pleased to report that the inaugural year of the DMF Helping Hand Matching Gift Program was a success. Through Helping Hand, DMF members and staff designate contributions to current active DMF grant recipients or scholarship funds that are matched dollar for dollar up to a maximum of \$5,000 per person per fiscal year (October 1 – September 30). During FY 2006, 21 of DMF's current grantees and funds received additional grants totaling \$50,000. Due to the program's success and to encourage greater participation, the Board of Directors made some changes to the program, including lowering the minimum contribution requirement to \$250 and allowing gift requests to be made at any time during the year. For FY 2007, the board budgeted \$80,000 for this program. For a list of current DMF grant recipients and a matching gift application form, please contact Jennifer Thompson at 701-356-2655 or email jenniferthompson@dakmed.org.

To encourage greater charitable giving, Congress recently changed the rules for charitable gifts made from individual retirement accounts (IRAs). If you are over age 70 ½, the Federal government now permits you to rollover amounts from your IRA to charity without claiming any increased income or paying any additional tax. These tax-free rollover gifts could be \$1,000, \$10,000 or any amount up to \$100,000 in one year. If you are interested in learning more about IRA rollover gifts, please contact Jennifer Thompson or Shannon Schweigert at 701-271-0263.

We greatly appreciate your continued commitment to DMF and the non-profits we support. Merry Christmas!

Minnesota State Community and Technical College
Opens Expanded Dental Facility

Minnesota State Community and Technical College-Moorhead (MSCTC) has opened its redesigned and expanded dental facility. The facility contains twenty-four self-contained stations for patient care, six of which have digital x-ray capabilities made possible through a \$50,000 grant from Dakota Medical Foundation. A community care clinic, expected to open in January 2007, will provide comprehensive dental care for low-income patients who qualify for services.

MSCTC is a member of the Minnesota State College and Universities System. The college serves more than 4,500 students in credit courses annually and provides a variety of education programs and delivery options at its four campuses located in Detroit Lakes, Fergus Falls, Moorhead, and Wadena.



Pictured are two of the self-contained patient stations supported by DMF.

Institute for Innovation and Effectiveness

Impact Foundation's Institute for Innovation and Effectiveness (Institute) was established in 2005 through seed funding from Dakota Medical Foundation and the Alex Stern Family Foundation. The Institute provides non-profit organizations with capacity building resources to measurably improve their long-term organizational and fundraising effectiveness. Since the Institute was launched, it has delivered capacity building services to nearly 40 non-profits from North Dakota and Minnesota.

Institute participants include:

Altru-Grand Forks Family Practice Residency	Hope, Inc.
American Legion	Jamestown Hospital
American Red Cross	Lutheran Social Services
Angels of Courage	Make A Wish Foundation
Anne Carlsen Center for Children	Mental Health Association of N.D.
Caring Program for Children	Nelson County Health System
Cass County Social Services	Northwood Deaconess Hospital
Cooperstown Medical Center	Oakes Community Hospital
ECI Youth Services	Project HERO
Elks Camp Grassick	Rape & Abuse Crisis Center
Fargo Catholic Schools Network	Red River Children's Advocacy Center
FirstChoice Clinic	Red River Valley Dental Access Project
First Care Health Center	RiverView Health System
FM YMCA	REACH (Rural Enrichment and Counseling Headquarters)
Fraser, Ltd.	South Central Adult Services
Haiti Medical Mission	Valley Community Health Centers
HEART (Helping Enderlin Area Residents Thrive)	UND College of Nursing
Healthy North Dakota	YWCA

In addition to one-on-one training and technical assistance, the Institute recently hosted an educational seminar for non-profits. The seminar, entitled "Getting Things Done" outlined strategies for maximizing individual efficiency and time management. Approximately 125 representatives from nearly 70 area non-profits attended the one-day educational seminar. Additional capacity building seminars are planned for 2007.

The Institute is currently developing a "Governing for Superior Performance" training program for the leaders of non-profit boards. This board training will include information on effective non-profit management and relationships with executive directors and staff, governance, fiscal responsibility, volunteer management, and other pertinent topics.

For more information about training offered at the Institute, contact Shannon Schweigert at Impact Foundation at 701-271-0263.



Kelly Forrister presents Getting Things Done: Mastering Workflow Seminar, held July 25, 2006 at the Fargo Holiday Inn.

DMF's Dakota Communities Access Program (DCAP) Improving Access Through Education and Outreach

The purpose of DMF's Dakota Communities Access Program (DCAP) is to improve access to, and coordination of, healthcare services for the uninsured and underinsured in central and eastern North Dakota. This 3 ½ year initiative is made possible by a \$2.6 million grant secured by DMF from the U.S. Department of Health and Human Services.

North Dakota's 2nd Annual 100% Access Summit

On October 26, DCAP sponsored *Tools for Healthy Communities: North Dakota's 2nd Annual 100% Access Healthcare Summit* held in Bismarck. The goal of the Summit was to develop community-based strategies for improving access to healthcare services for all North Dakotans. Over 70 health care professionals, social service providers, business people, and healthcare consumers from around N.D. attended this event.



Hospice of the Red River Valley staff Wendy Tabor-Buth and Kristen Wenzel provide training on healthy professional boundaries.

Community Resource Coordinator (CRC) Training

On November 1-2, Community Resource Coordinators (CRCs) from throughout N.D. attended DCAP's *Thanksgiving Feast of Knowledge* training held at the DMF office in Fargo. The training included a variety of topics designed to expand the CRCs' knowledge of programs available to underserved people in the state. Training topics included: Social Security Disability, National Guard Insurance Options, Responding to Domestic Violence, Depression and the Elderly, and Professional Boundaries.



Curtis Berg has his blood pressure taken by Karah Hanson, CRC, First Care Health Center, Park River, N.D.

Health Education

CRCs strive to not only provide access to healthcare services, but to help people understand their own health status and learn what they can do to live longer, healthier lives. CRCs provide health education in collaboration with health providers by visiting with people one-on-one, and through presentations and health events. Karah Hanson, CRC at First Care Health Center in Park River is shown at right at the Walsh County Fair in October. Over 180 people attended the health event where they were able to take a quiz on health risk factors, learn about blood pressure, sodium and hypertension, and have their blood pressure taken.

CRC's have been very successful in helping people access low-income insurance, prescription medications, and other need-based programs thus increasing reimbursement to their respective medical facilities. The graph below demonstrates their progress.

Dakota Communities Access Program Community Resource Coordinator Accomplishments February 2004 - October 2006							
City/Health Care Facility	Health Coverage Referrals	Health Coverage Enrollments	Reimbursement to Facilities for Health Coverage Enrollments	Prescription Assistance Patients	Amount of Medications Accessed	Other Program Referrals	Other Program Enrollments
Cooperstown-Medical Center	49	26	\$ 4,120.31	90	\$ 237,459.91	222	349
Devils Lake-Mercy Hospital	576	282	\$ 475,384.83	264	\$ 364,987.81	744	573
Fargo-Family HealthCare Center	2		\$ 60,500.00	3,490	\$ 2,675,251.73	1,015	348
Fargo-Innovis Health/Dakota Clinic	797	674	\$ 4,139,982.99	10	\$ 605.00	64	24
Fargo-MeritCare Health System	1,933	1,107	\$ 4,351,482.61	28	\$ 5,111.99	269	84
Grand Forks-Altru Health System	585	150	\$ 442,938.32	56	\$ 49,915.00	595	154
McVile-Nelson County Health System	29	9	\$ 10,045.67	117	\$ 189,938.55	521	422
Minot-Trinity Medical Group	144	38	\$ 12,808.96	550	\$ 1,499,032.65	1,437	1,427
Northwood-Valley Community Health Centers	34	9	\$ 25,693.12	207	\$ 481,518.87	267	301
Oakes-Community Hospital	19	4	\$ 18,987.44	128	\$ 351,694.96	374	290
Park River-First Care Health Center	42	12	\$ 265.56	257	\$ 527,703.13	263	221
Wahpeton-Richland Co. Public Health Dept.	174	75	\$ 108,804.45	199	\$ 193,537.80	791	479
Inactive CRC Sites	1,165	422	\$ 522,848.37	418	\$ 311,834.68	1,152	586
TOTALS	5,549	2,808	\$10,173,863	5,814	\$6,888,592	7,714	5,258

DMF's Covering Kids & Families Initiative

Since January 2003, Dakota Medical Foundation has spearheaded a \$1.2 million Covering Kids and Families Initiative to enroll the uninsured in low-cost/free health coverage programs, and to simplify and coordinate the application and eligibility process for low-income families. A coordinated effort of DMF, Department of Human Services, County Social Service Offices, BCBSND Caring Foundation, and several local and statewide entities has resulted in a much simpler eligibility process providing families with the opportunity to obtain and/or renew health coverage through a single "joint" application.

Through statewide collaborative efforts, thousands of additional North Dakota children have been enrolled in Caring for Children, SCHIP/Healthy Steps and Medicaid programs, along with an increased number of children obtaining coverage through private health insurance. The toll-free 1-877 KIDS NOW help-line has been expanded into a new central intake center that offers more accessible information, applications and assistance for all ND low-cost/free health coverage programs.

The "State of Coverage" released in August 2006 by The Robert Wood Johnson Foundation confirms the effectiveness of DMF's Covering Kids & Families Initiative. North Dakota is highlighted as one of five states reporting the largest decline in the percentage of uninsured children since the State Children's Health Insurance Plan (SCHIP) was created in 1997.

As the Initiative's initial funding from The Robert Wood Johnson Foundation expires in March 2007, DMF would like to recognize many individuals who dedicated their time and talent to this successful initiative. The substantial accomplishments of newly embedded eligibility and outreach system processes and long-term partnerships along with DMF's continued support will help us sustain outreach, simplification and coordination efforts well beyond the initial grant.



North Dakota is among the top five states nationwide reporting a large decline in the percentage of uninsured children

Covering Kids & Families Coalition Members & Collaborative Partners 2003-2006

Maggie Anderson, ND Dept. of Human Services
Sandy Anseth, Statewide CKF Chair
Gigi Artz, Quentin Burdick Healthcare/I.H.S.
Rebecca Bakke, Region V CSCC
Marcia Beglau, Griggs County Social Services
Rep. Rick Berg, ND House of Representatives
John Bertel, Union Storage and Transfer
Gail Bollinger, SENDCAA
Kelly Callahan, Head Start
Laura Carley, Industrial Builders
Dr. Dave Clutter, Dakota Clinic at Innovis
Tim Cox, Northland Healthcare Alliance
Scott Crane, United Way of Cass Clay
Leola Dahl, Head Start
Sherlyn Dahl, Family Healthcare Center
Helen Danielson, ND Kids Count
Louise Dardis, West Fargo Public Schools
John Doherty, MeritCare Health System
Dr. Terry Dwelle, ND Department of Health
Jaci Edison, 1-877 KIDS NOW, ND DHS
Camille Eisenmann, ND Dept. of Human Services
Tifani Erpelding, 1-877 KIDS NOW, DMF
Donene Feist, Family Voices of North Dakota
Pat Finken, Odney Advertising
Sen. Tom Fischer, ND Legislature
Dr. David Flowers, Fargo Public Schools

Dennis Fuhrman, Dakota Clinic
Rev. Naomi Garber, Eastern ND Synod ELCA
Barb Hanson, Atonement Lutheran Church
Pat Hansen, South Central Adult Services
Beth Haseltine, Rape & Abuse Crisis Center
Cheryl Hefta, Maternal Child Health
Susan Helgeland, Mental Health Assoc. in ND
Mary Kay Herrmann, Fargo Cass Public Health
Kathy Hogan, Cass County Social Services
Nancy Jorheim, Fargo Public Schools
Jim Kappel, SENDCAA
Kathy Keiser, Ronald McDonald House
Gerry Kennedy, Retired, Caring for Children
Kevin Kenosky, BCBS of North Dakota
Cheryl Kulas, Indian Affairs Commission
Karen Larson, Community Healthcare Assoc.
Sen. Judy Lee, ND Legislature
Nancy Leith, Fargo Cass Public Health
Bruce Levi, ND Medical Association
Lori Martel, ND Department of Health
Dave MacIver, Greater ND Association
L. Pat McManus, McManus & Associates
Nancy McKenzie, Southeast Human Svs. Center
Margaret Mowery, Dakota Medical Foundation
Susan Nelson, Cass Co. Social Services, FHC
Gina Nolte, RRV Dental Access, Clay Co. Social Svs.
Drinda Olsen, ND Department of Public Instruction

Carol Olson, ND Department of Human Services
Dr. Debra Pankow, NDSU Extensions Services
Jeana Peinovich, Dakota Medical Foundation
Hon. James Poolman, ND Insurance Commissioner
Rep. Clara Sue Price, ND Legislature
Kim Randell, Caring for Children
Dr. Richard Rathge, ND State Data Center, NDSU
Dr. Jon Rice, BCBS of North Dakota
Dr. Wayne Sanstead, ND Dept. of Public Instruction
Kim Senn, ND Department of Health
David Skalsky, ND Department of Human Services
Jane Skalsky, Dakota Clinic
Michael Solberg, State Bank & Trust
James Sorensen, BCBS of North Dakota
Brenda Stallman, Trail District Health Unit
Jody Thompson, Grand Forks Public Schools
Michelle Tincher, MedCenter One
Pat Traynor, Dakota Medical Foundation
Bonnie Turner, Rural Response Coalition
Dr. Todd Twogood, Q & R Clinic
Kim Vance, WIC Program
Sister Thomas Welder, University of Mary
Shelly Wepler, St. Joseph's Comm. Health Fnd.
Dawn Williams, Head Start
Nancy Willis, St. Alexius Medical Center
Michael Unhjem, BCBS of North Dakota
Dave Zentner, Retired, ND Dept. of Human Svs.

Are you interested in learning more about Covering Kids & Families?

If you are interested in a Covering Kids & Families presentation to learn more about the programs, eligibility guidelines, and application process or if you have a suggestion that would further improve outreach to uninsured families in North Dakota, please contact Jeana Peinovich or Margaret Mowery at Dakota Medical Foundation: (701) 271-0263 or toll-free at 1-866-451-9249.

In The Spotlight: RiverView Health

RiverView Health is located in Crookston, Minnesota, a community of approximately 8,000 people. The organization owns and operates RiverView Hospital, a 25-bed critical access hospital; RiverView Care Center, an 80-bed long term care facility attached to the hospital; Hillcrest Nursing Home, a 55 bed long term care facility located in Red Lake Falls, MN; and Glenmore Recovery Center, a chemical dependency treatment program with an inpatient treatment program, outpatient care, aftercare and medical detoxification services. RiverView Health has recently added its own specialty physician clinics, including orthopedics, gastroenterology, integrative medicine, podiatry and plastic surgery. In 2006, RiverView Health developed primary care clinics in Red Lake Falls, Fertile, and Crookston. Through its various facilities, RiverView Health provides inpatient acute care, long term care, home health care, assisted living, chemical dependency treatment, and rehabilitation services, specialty services and community outreach.

To better serve the 18,000 people within its primary service area and continue to deliver high quality healthcare services, RiverView Health recently completed a \$19 million expansion and renovation project. The project created over 40,000 square feet of new space in RiverView Hospital and 15,000 square feet of new space in Hillcrest Nursing Home.

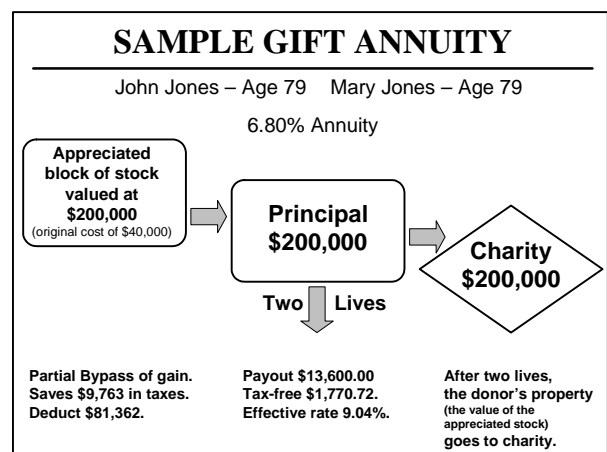


Simulated view of completed hospital

RiverView Health Foundation, the fundraising arm of the healthcare system, recently completed the fundraising training program hosted by DMF and Impact Foundation's Institute. Currently, RiverView's Foundation is implementing many of the fundraising techniques learned during the training including *Friends for Life*, a new sustained fundraising program. The RiverView Health Foundation's role is to secure the support needed to sustain the delivery of local medical services. If you are interested in learning more about RiverView Health or would like to contribute to their *Friends for Life* sustained giving program, please visit their website at www.riverviewhealth.org or contact Kent Bruun at 218-281-9249.

Make a Charitable Gift Today and Earn an Income for Life

Through a Charitable Gift Annuity (CGA) it is possible for you to make a gift to charity, increase your current income, and actually reduce taxes today and in the future. The CGA is a legal contract that, based on your decision to transfer a specific asset to the Foundation, guarantees to pay you an attractive annual income. The annuity portion provides you a high rate of return on cash or certain assets for as long as you live. The gift comes into play when, upon your death, the value of the property used to establish the gift annuity becomes a charitable contribution. Thereafter, the contribution could be used to establish a scholarship or donor advised fund in your name. Annuity rates are based on your age, with annuity payments as high as 11.3% for more senior persons. For details on how the CGA can work for you and other planning options, call Jennifer Thompson or Shannon Schweigert at 701-271-0263.



The illustration demonstrates the benefits of establishing a charitable gift annuity - there is an immediate tax deduction, a partial bypass of capital gains tax, and an annual income payment.



Save The Date

The Fargo Go Red Event is Coming in February

Heart disease is the leading cause of death for women, but most of them don't know that fact. One in three North Dakota women have heart disease. Fortunately, women can take positive action to reduce their risk factors. In February 2006, Dakota Medical Foundation and the American Heart Association launched a \$1.25 million initiative to improve the cardiovascular health of women statewide. This initiative is an expansion of the American Heart Association's Go Red For Women movement which empowers women with knowledge and tools so they can take positive action to reduce their risks of heart disease and stroke and protect their overall health. The initiative will educate women on heart disease risk factors, educate healthcare providers on cardiovascular disease in women, and offer free heart health screenings. Join the American Heart Association and DMF on February 7, 2007 at the Great Hall at the Fargo Holiday Inn to learn more. For event details please email Amy Walters at Amy.Walters@heart.org, or call 701-252-1287.



The staff of DMF wishes everyone a healthy
and prosperous Christmas season!



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