



Your **HEALTH** is our **FOUNDATION**

Dakota Medical Foundation Healthy Dose Newsletter May 2008



DMF's 2008 Giving Hearts Day Exceeds Expectations \$325,000 Raised in Online Donations in 24 Hours

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History was made on February 14, 2008 when DMF matched online donations of \$25 or more made through the www.impactgiveback.org website to 40 eligible Giving Hearts Day health-related nonprofits in our region. Over the 24-hour period, **1,452 donations were made totaling over \$325,000!** DMF provided up to \$5,000 in matching funds to each participating nonprofit and incentive grant funds to the top three fundraisers. DMF's match funding and incentive grant funds provided an additional **\$165,091** to the Giving Hearts Day nonprofits. The top three fundraisers included:



- | | |
|---|---|
|  | 1st
First Care Health Center – Park River
\$41,850 – Raised by organization
\$ 5,000 – DMF match
<u>\$10,000</u> – First Place DMF Giving Hearts Incentive Grant
\$56,850 – Total for First Care Health Center - #1 Fundraiser |
|  | 2nd
Fraser, Ltd. - Fargo
\$35,035 – Raised by organization
\$ 5,000 – DMF match
<u>\$ 7,500</u> – Second Place DMF Giving Hearts Incentive Grant
\$47,535 – Total for Fraser, Ltd. - #2 Fundraiser |
|  | 3rd
FirstChoice Clinic - Fargo
\$30,853 – Raised by organization
\$ 5,000 – DMF match
<u>\$ 5,000</u> – Third Place DMF Giving Hearts Incentive Grant
\$40,853 – Total for FirstChoice Clinic - #3 Fundraiser |

Congratulations First Care Health Center, Fraser, and FirstChoice Clinic!



The IMPACTGIVEBACK website which is generously funded by DMF and the Alex Stern Family Foundation, was launched in July 2007. The goal of the website is to be THE online giving location for donors of time, talent and treasure in our region. It provides nonprofits with an online presence and gives them the ability to receive online credit card donations and market their volunteer opportunities. The website provides a number of efficiencies for nonprofits fundraising online including: detailed donation summary reports, customized thank-you emails to donors, and automated donation receipts. Through the end of the year, nonprofits can register their organizations on the website and access all of the site's functionality at no cost.

New functionality is being added on a regular basis. Within the next few months, the website will allow nonprofits to hold online auctions, offer event and gala registration, and provide volunteers with the ability to track their giveback. To sign up as a nonprofit, establish a donor profile, or track volunteer hours, visit www.impactgiveback.org or email Laura Hicks at laurahicks@impactfdn.org.



DMF LAUNCHES LEND A HAND FEBRUARY 2008!

MISSION: To support and improve efforts to raise funds for individuals and families who are experiencing a medical crisis. (During the initial pilot project, match funding is limited to efforts that benefit individuals/families residing in Cass County, ND and Clay County, MN.)

DMF LEND A HAND OFFERS:

FUNDRAISING TOOLKIT

DMF Lend A Hand provides an online fundraising toolkit to help volunteers who are sharing time and talent to help others in need. The toolkit is a step-by-step guide with planning and marketing templates.

ONLINE DONATION TOOLS & MATCHING FUNDS FOR INDIVIDUAL/FAMILY BENEFIT FUNDS

Additional resources, including online donation tools and matching funds, are offered to support volunteer efforts that benefit individuals living in Cass County, ND or Clay County, MN (one year minimum) who are experiencing a medical crisis. Lend A Hand is currently working in partnership with volunteers to raise funds for:

- Daniel Beach Benefit Fund
- Ken Kramer Hope Fund
- Kayla Dumas Benefit Fund
- Jan Fortier Benefit Fund
- Grommesh Family Fund
- Mergner Family Fund
- Scott Arnhold Benefit Fund

DMF Lend A Hand also provides up to \$5,000 in matching funds to increase help for these individuals/families. (DMF Lend A Hand matches credit card donations made through the Impact GiveBack online giving site, as well as cash/check donations made payable to the benefit fund established at the bank.) To date, nearly \$80,000 has been raised to benefit individuals/families in medical crisis.

CHURCH/NONPROFIT PARTNERSHIP PROGRAMS

DMF Lend A Hand provides online donation tools, benefit guidelines, and up to \$5,000 in matching funds to support church and other nonprofit organizations that establish a Lend A Hand partnership program in Cass County, ND or Clay County, MN.

THANK YOU LEND A HAND DONORS! The *First 25 to Donate \$25* or more to Lend A Hand through April 8, 2008 include:

Curtis Bosak	Jesse Bosak	John Brunsberg	Jim Buus
Durinda DeTar	Cynthia Eggl	Lisa Faul	Tom & Siri Fiebiger, M.D.
David Gibb, Jr.	Mary E. Gibb	Joel Haugen, M.D.	Scott & Miriam Hildre
Mark & Connie Koch	Marty & Ann Malmberg	James A. Manly	Tim Mathern
Susan Mathison, M.D.	Lyle Olson	Daniel Paulson	Janel Pender
James & Jeana Peinovich	Mary Peinovich	Allen & Diane Ricker	J. Patrick & Jamie Traynor
Paul & Susan Willard			

To make a donation to DMF Lend A Hand, go online to www.dakmed.org/lendahand, **click Make A Donation, select Lend A Hand Fund.** Cash/check gifts can be made to: DMF/Lend A Hand, 4152 30th Ave So, #102, Fargo, ND 58104-8403

100% of donations are distributed to people in need because DMF has underwritten all program costs.

To learn more about the DMF Lend A Hand program, go to: www.dakmed.org/lendahand or contact Jeana Peinovich at: 356-2661, jeanapeinovich@dakmed.org

DMF Salutes the Generous Giveback of our Donors

Since 2002, DMF has been working with donors to establish charitable funds at the Foundation to increase support for health-related nonprofits and programs in our region. Through these funds, donors provide DMF with grant recommendations for their favorite health-related nonprofits. DMF manages the grants awarded from donor funds and oversees each fund's administration. DMF adds value to our donors' charitable investments by:

- researching nonprofits consistent with their interests;
- assisting donors in developing effective giving strategies including planned giving and estate planning to reduce their tax liability;
- researching funding opportunities and developing grant proposals to further leverage their contributions;
- providing technical assistance and training to nonprofits to improve their outcomes;
- providing donors with the ability to contribute through a secure online website.

Currently, DMF does not charge expenses to charitable funds established at the Foundation other than the direct costs of investment management services. In addition, to inspire greater charitable giving for health-related purposes, the board has approved match funding for donor established funds for the current fiscal year.

DMF is excited to announce the establishment of eight new charitable funds at the Foundation:

Dr. Walter and Renee Johnson Family Fund supports programs designed to make a significant impact in improving health and access to healthcare services, with a special emphasis on parish and school nursing, maternal-child health, and positive healthy youth development programs.



Dr. Walter and Renee Johnson and family



Dr. Susan Mathison and Steven Johnson, with their son, Grant. Photo by John Borge.

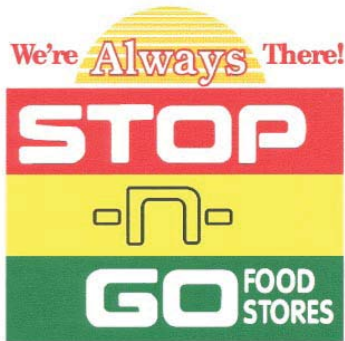
Dr. Susan Mathison and Steven Johnson Family Fund supports programs that improve health and access to healthcare services, with a special emphasis on women and children.

Dr. David and Janice Glatt Family Fund supports programs designed to make a significant impact in improving health and access to healthcare services for the people of our region.



Dr. David and Janice Glatt

DMF Salutes the Generous Giveback of our Donors (cont.)



Shelly Ellig Charitable Fund supports organizations and programs designed to make a significant impact in improving health and access to healthcare services, with a special emphasis on children's health within the areas served by Stop-n-Go stores which he founded. Mr. Ellig and his staff's charitable strategies are designed to inspire others to giveback more of their time, talent and treasure and to show their sincere appreciation to the loyal customers of Stop-n-Go in every community they serve.

Dr. Lance and Ruth Bergstrom Family Fund supports programs designed to make a significant impact in improving health and access to healthcare services, with a special emphasis on positive healthy youth development and wellness programs, school nursing, vision and wellness education.



Dr. Lance and Ruth Bergstrom and family



Swanson Health Products Healthy Community Fund supports programs making a significant impact in improving health and access to healthcare services, with a special emphasis on dental health.

Jon and Lori Wanzek Family Fund supports organizations and programs designed to make a significant impact in improving health and access to healthcare services for the people of our region.



Jon and Lori Wanzek and family

Michael and Charleen Solberg Family Fund supports programs designed to make a significant impact in improving health, physical fitness and access to healthcare services, with a special emphasis on children.

For a description of all DMF named charitable funds, please go to www.impactgiveback.org, keyword: Dakota Medical Foundation. Individuals interested in contributing to any of DMF's named funds or establishing a charitable fund should contact Jennifer Thompson at 701-356-2655.

DMF Recognizes Board of Directors

In January 2008, Dr. Rich Vetter completed nine years of service on the DMF Board of Directors. DMF extends a special thank you to Dr. Vetter for his outstanding service and commitment to DMF's mission. During Dr. Vetter's tenure on the Board, he served on several committees including: Executive Committee, Governance Committee (Chair), Scholarship Committee (Chair), Nursing Workforce Initiatives Committee (Chair), Pinnacle Family Practice Residency Initiative, and the Perinatal Hospice Infant Loss Conference Committee (Chair). Dr. Vetter continues to serve on the Scholarship Committee, Perinatal Hospice Conference Committee and the DMF Strategic Planning Committee. DMF truly appreciates the time, talent and exemplary leadership Dr. Vetter has provided to the Foundation and the people we serve.



Richard Vetter, M.D.



Fadel Nammour, MD

DMF is happy to welcome Dr. Fadel Nammour as the newest member of the Board of Directors. Dr. Nammour, who began his term in January 2008, is a gastroenterologist at Innovis Health and has been a member of the Foundation since 2003. Dr. Nammour will serve on the Governance Committee. Dr. Nammour is board certified by the American Board of Internal Medicine, Gastroenterology. He and his wife, Heidi, live in West Fargo, ND.

14 New Members Elected to DMF Membership

DMF extends a warm welcome to 14 talented individuals elected to the Foundation membership at the annual meeting in January 2008. These new members were elected because of their tremendous skills, vast experience and ongoing commitment to improving health and access to healthcare services in our region. DMF's membership now stands at 200. The new members include:

Kim Anderson, RN, Manager, Innovis Day Surgery, Fargo, ND

Todd Forkel, Senior Director, Innovis Ancillary Services, Fargo, ND

Donna Hentges, Innovis Administration Secretary, Fargo, ND

Connie Horn, Retired, Fargo, ND

Custer Huseby, Chief Executive Officer, Triumph Healthcare Services, Fargo, ND

Nancy Korth, VP, Patient Care Services, Innovis Health, Fargo, ND

Larry Leitner, Owner, Specialty Commodities, Inc., Fargo, ND

Rob Lyngstad, VP, Matrix Properties Corp., Fargo, ND

Christopher Pierce, MD, Cardiology/Electrophysiology, MeritCare, Fargo, ND

Kevin Pitzer, Chief Operating Officer, Innovis Health, Fargo, ND

Stephen Setterberg, MD, Psychiatrist, Prairie St. John's, Fargo, ND

Lesley Soine, MD, Catalyst Medical Center, Fargo, ND

Alex Warner, Founder, Pedigree Technologies, LLC, Fargo, ND

Michael Warner, Businessman/Farmer/Entrepreneur/Developer, Warner Equipment Co., Agriceutical Resources, and Pedigree Technologies, Oxbow, ND

Now Is A Great Time To Update or Create Your Will

Are you one of the 70% or one of the 30%? About 70% of Americans have no will. Of those that do, about 70% have outdated wills. Without a will, the State will “make” one for you. How would this impact your family and others you care about? An outdated will can be almost as bad as having no will at all. Now is a great time to sign a new or updated will. If you would like information on creating or updating your will, please contact Jennifer Thompson at 701-356-2655 for a Will and Trust Planning Guide to help you protect your estate and family.



About 70% of Americans do not have a will.

Charitable Gift Annuities Provide Secure Fixed Income For Life

Are you looking for secure sources of fixed income for now or future retirement? If you are like many individuals who own appreciated securities and personal residences, you are tired of living at the mercy of the fluctuating stock and real estate markets. You recognize that if you sold your appreciated assets you would face a high capital gains tax. Also, you want to make investments that are secure today and in the future. There is a solution: establishing a charitable gift annuity provides you with fixed income for life, avoids capital gains tax, and leaves a lasting gift to charity. If you are interested in establishing a charitable gift annuity, you should act soon because gift annuity rates are scheduled to drop on July 1, 2008. By acting now, you can still lock in the higher fixed payments for life, plus you may receive a substantial charitable deduction and tax-free income. For more information on charitable gift annuities, please contact Jennifer Thompson at 701-356-2655.



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